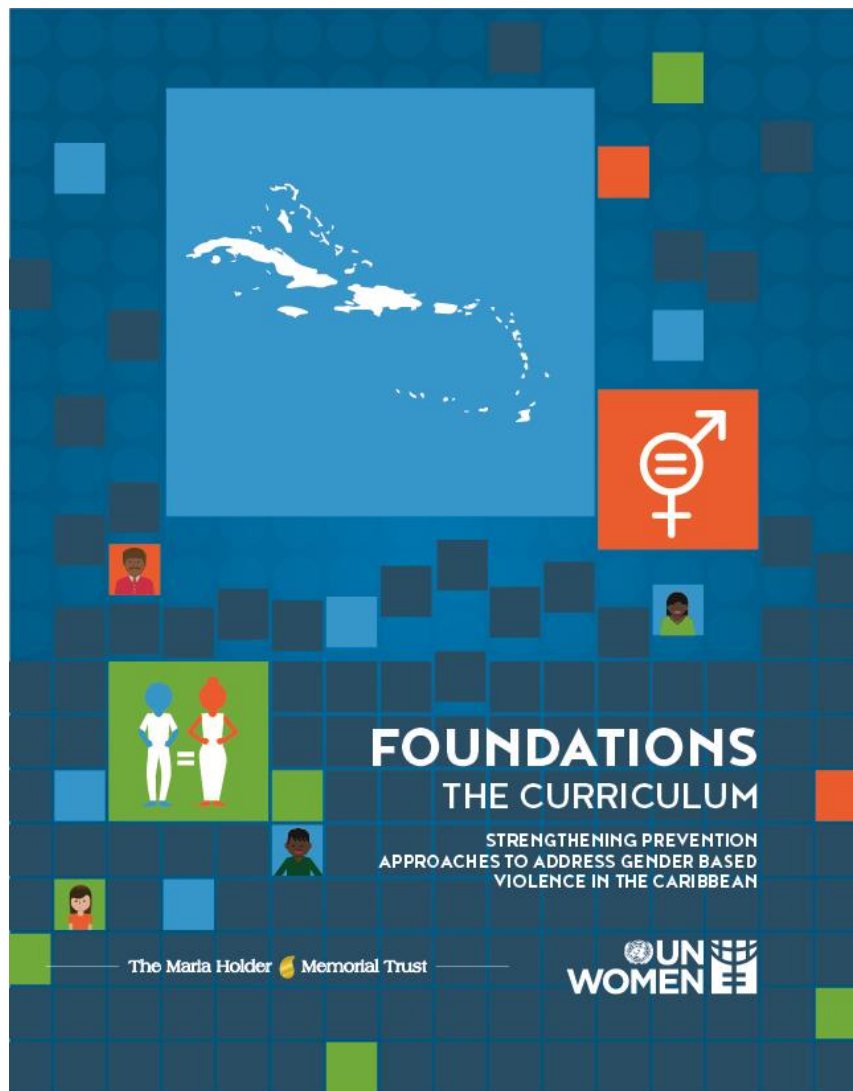


FOUNDATIONS



*CARIBBEAN FORUM ON POPULATION YOUTH AND DEVELOPEMNT
GEORGETOWNM GUYANA, 24-26 JULY 2018*

Scale of VAWG

48% of adolescent **girls** in nine countries in the Caribbean report that sexual initiation is forced or somewhat forced.

- Three of top ten rape rates in the world occur in the Caribbean (World Bank Report)
- More women are killed as a result of domestic or intimate partner than are killed as a result of cancer, car accidents or malaria
- Prosecution rates are below 1% in a number of countries
- Women are most likely to be killed by someone they know

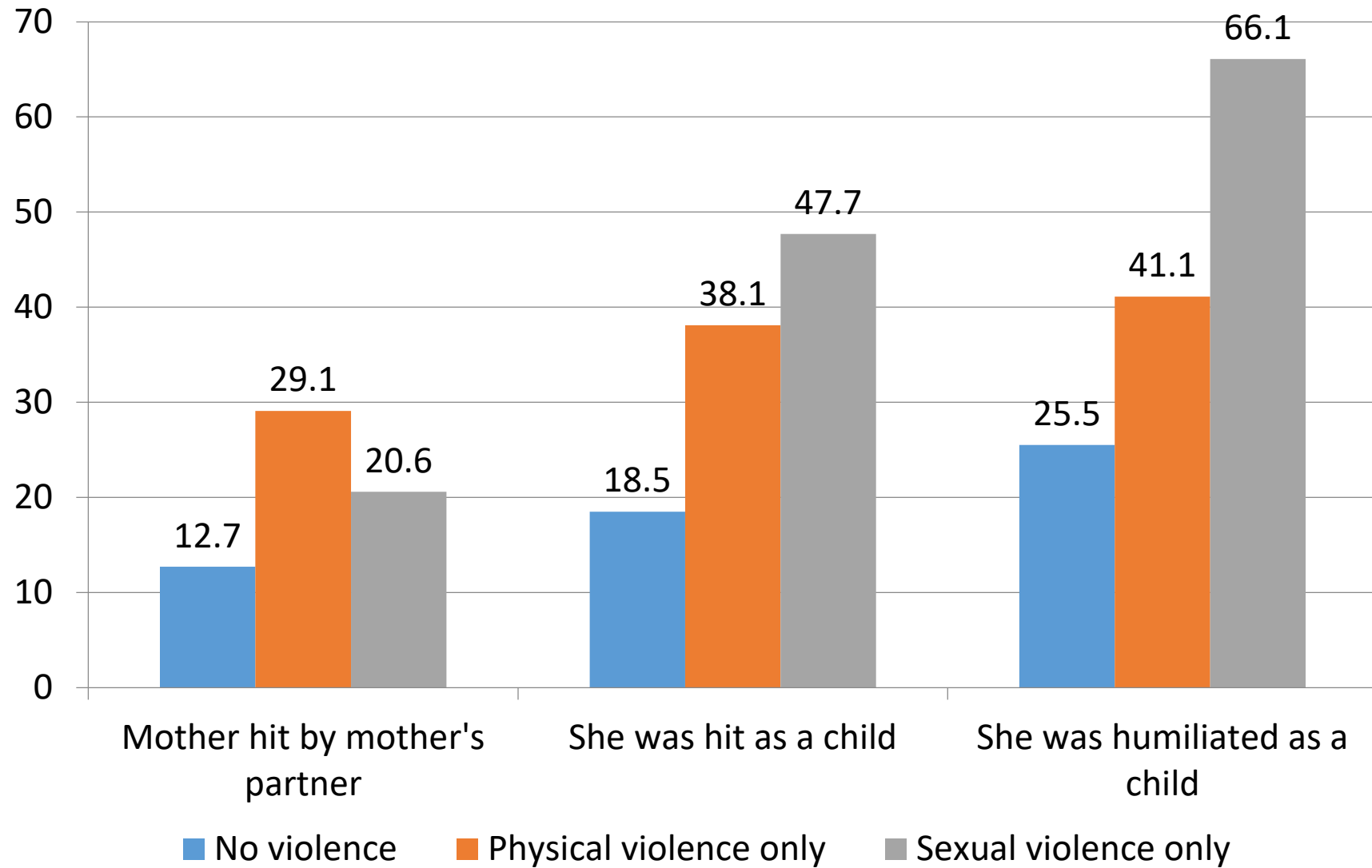
Scale of VAWG

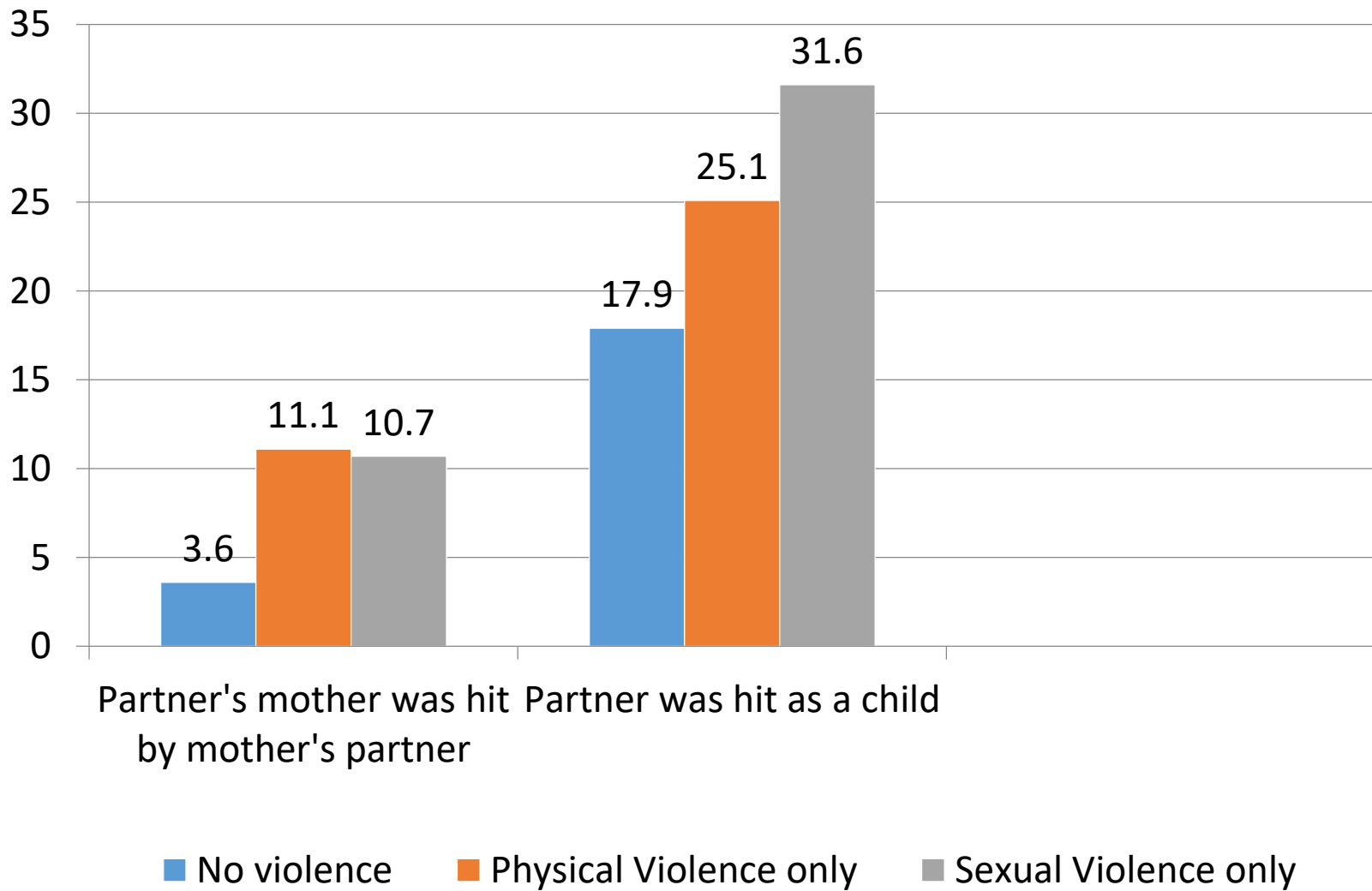
- IPV and Sexual Violence is more likely to be perpetrated when support for its use is normalised. Social norms and attitudes which accept IPV and Sexual violence are an important predictor of it occurring

Some Relationships

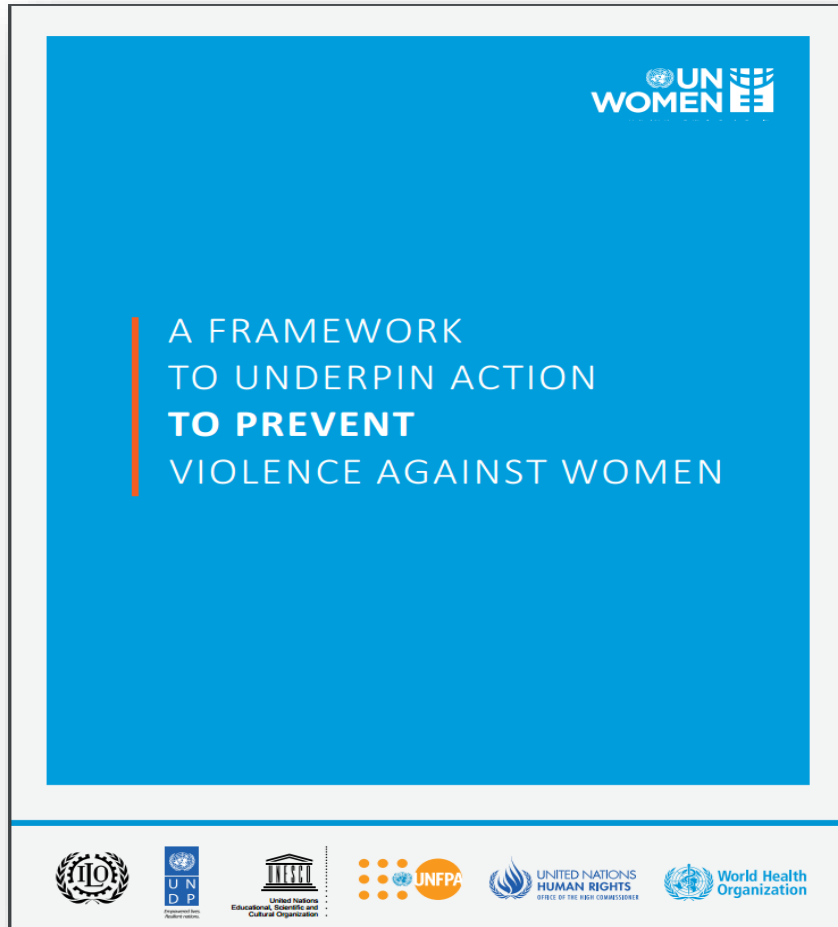
- Attitudes towards the normalization of violence were correlated to lifetime prevalence of emotional violence
- Controlling behaviours were closely related to the prevalence of all forms of intimate partner violence
- Intergenerational violence is a significant predictor of women's experience with intimate partner violence in adulthood







UN Women's Prevention Work



Within the context of UN Women's prevention framework and with the view to developing and supporting sustainable and measurable prevention initiatives in the Caribbean region, UN Women Multi-Country Office - Caribbean sought to develop a programme to meet the increasing calls for the development and scaling up of gender-responsive violence prevention programmes targetting young people.

Guiding Principles of The Foundations Programme

1. Human Rights are your birth rights
2. Emotional and Physical Safety to Talk Gender
3. Gender Education starts with Gender Awareness
4. Dialogue and Problem-Posing Education
5. Transforming Relationships
6. Self-Examining and Introspection
7. Social Transformation starts with Personal Transformation

Objectives of The Foundations Programme

- Empower young people to understand GBV and its genesis in gender inequalities and gender-based discrimination
- Promote an understanding of the consequences of GBV to partner(s), children, communities and societies in general
- Endow young people with knowledge, skills and attitudes for addressing conflict and responding to stress and stressors that arise in relationships

Objectives of The Foundations Programme

- Establish and model an atmosphere of respect within group relations among and between young people
- Promote self-sufficiency among young people in taking steps towards improving their relationships and their lives
- Create a network of young people who will advocate for non-violent relationships

Components of the Foundations Programme

- **THE CURRICULUM:** A gender equality curriculum specifically designed for young people in the region.
- **The Training of Facilitators' Manual:** a curriculum to train gender advocates to facilitate GBV prevention education among young people.
- **The Operational Manual and Procedural Guidelines:** a guide for implementing agencies on implementing the programme.
- **The Monitoring and Evaluation Framework:** a guide for monitoring and measuring programme outputs and evaluating outcomes of the programme.

Development

- The Foundations programme was informed by the Domestic Violence Batterer's Intervention Programme ***Partners for Peace*** (PfP) developed by UN Women and implemented in Barbados, Belize, the British Virgin Islands, Grenada and Jamaica.
- The implementation of PfP resulted in calls for scaling up of gender-responsive violence prevention programmes to address the gendered causes and consequences of violence including the issues of:
 - masculine socialisation
 - harmful and stereotypical gender roles

Development

- A curriculum for young men was first developed and piloted in Grenada by the Legal Aid and Counselling Clinic and also tested in Dominica among a small group of young men.
- Based on an assessment of the pilot of the curriculum for young men, this curriculum was revised in 2015; additionally:
 - A curriculum for working with young women was also seen as necessary and was developed in 2014/2015.
 - The programme was peer reviewed prior to the pilot in 2015.

Development

- The **Foundations Programme** curricula for young men and women was piloted in five schools in Antigua and Barbuda in partnership with the Ministry of Education and Directorate of Gender Affairs in 2015
- A **Facilitators' Training Manual** along with **Operational Guidelines** and a **Monitoring and Evaluation framework** for the programme were also developed in 2015
- After the 2015 pilot, a further review was done in 2016 which included guidance counsellors from the Ministry of Education who delivered the programme in Antigua and Barbuda. It also involved UN Women's Training Centre

Development

- Following this review a further amendment to all programme components was completed in 2017
- All programme curricula and manuals were copy edited and graphic designed in 2017
- Final versions developed in December 2017

Programme Delivery

- The Curriculum is designed to be used by experienced facilitators who are trained professional social workers, psychologists or youth workers to work with same-sex and mixed-sex groups of young people in school and community settings
- The target audience are persons between the ages of 13 and 24, with group configurations of 13-15, 16-18 and 18-24 to encourage cohesiveness by ensuring that participants are at a similar developmental stage

Programme Delivery

- The Curriculum is designed to facilitate **mixed-sex groups** sessions for **specific modules**
- If same sessions are run concurrently, joint session between the two groups can be facilitated
- This allows for rich discussions between females and males about differing experiences of gender socialisation

Programme Delivery

- This interactive, activity based Curriculum requires two facilitators
- An environment conducive to this type of learning and reflection; facilitating privacy and confidentiality
- The workshop should have a maximum of 25 and a minimum of 10 persons; the ideal number of participants is 15-20 young persons
- Due to the sensitive nature of the content covered in the workshop, the curriculum should be among same-sex groups
- Simultaneous implementation of the curriculum among same sex groups is highly recommended

Programme Delivery

- Participants for the Programme can be drawn from three major groupings: in-school youth, out-of-school under-aged youth and young men and women in community settings. These groups have different needs and as a result require procedures targeted to meet their specific needs.

Closed or Open Groups

- It is recommended that this programme is implemented as a closed group. A closed group means that no new members are permitted to join after a stipulated period of time. As a closed group, members will have an opportunity to develop cohesion, trust each other, and share their personal beliefs, thoughts, feelings and stories.

Programme Delivery

- Addressing the topic of gender socialisation and gender-based violence are sensitive topics and it is strongly recommended that groups of young women be facilitated only by female facilitators
- Female facilitators for groups of young women is encouraged with the view to:
 - supporting assertiveness and empowerment of young women and
 - enabling the practice of challenging entrenched and often subconscious ideas related to female subordination to men

Programme Delivery

- Groups of young men should be facilitated by both male and female co-facilitators
- This arrangement is recommended because of the importance of positive gender power relations being modelled especially for young men for whom masculinity can often be associated with power and dominance over women and girls

Programme Delivery

- When delivering the Programme, there should be a Programme Coordinator who is responsible for facilitating programme implementation in school settings by establishing working relationships with the appropriate stakeholders.
- The Programme Coordinator is also responsible for the monitoring and evaluation of the programme.

Programme Delivery

The Curriculum consists 12 modules and can be implemented in the following format:

- 12 weekly sessions 90 minutes long: Recommended for school based implementations
- 6 weekly sessions of four contact hours: Recommended for community based settings and can be used for vacation camps for school aged children

Programme Delivery

- 4 Day Intensive Sessions: Recommended for community-based settings
 - ✓ It is suggested that the session are implemented during two consecutive weekends or four consecutive days of 6 contact hours
 - ✓ Highly recommended for residential workshops or retreats

Foundations Curriculum Content

Module 1: Getting Started – Welcome and Introductions

Module 2: Gender and Me

Module 3: Family History and Values

Module 4: Understanding Cultural Influences

Module 5: Reproductive Health and Gender

Module 6: Sexuality

Foundations Curriculum Content

- Module 7: Gender-Based Discrimination and Gender-Based Violence
- Module 8: Human Rights
- Module 9: Managing Emotions
- Module 10: Managing Relationships
- Module 11: Techniques for dealing with challenging Attitudes, Behaviours and Values
- Module 12: Goal Setting

Facilitators Manual Content

The Facilitators Manual is for **Trainers** who will train Facilitators to implement the Foundations Programme for young people in schools and community-based settings. Trainers who use this Manual will have competencies to train community and youth workers and educators

Its purpose is to ensure a consistent and standardised approach to training and programme implementation

Facilitators should be professionals who already have a formal academic education in the subject area and have an adequate level of experience and competency to run workshops or conduct training

Facilitators Manual Content

Facilitators will also be committed to upgrading their competences in the field of gender development. They are expected to read additional resources and manuals on engaging young people in gender-based violence programming as well as positive youth development. Facilitators function in the following roles:

- Engaging participants with participatory, youth-led methodologies instead of using traditional teaching/didactic approaches
- Managing conflict and tension in group
- Addressing disruptive and disrespectful behaviours
- Co-developing ground rules and encouraging young people to adhere to these rules
- Ensuring that all educational and creative materials are available for the group
- During the screening process, the Coordinating agency will assess the capacity of potential facilitators to fulfil these roles.

Facilitators Manual Content

Facilitators should have a background in the following areas:

- Gender advocacy and development
- Social work
- Psychology
- Mental health
- Coaching
- Community work
- Education
- Public health

Facilitators Manual Content

The Facilitators' training is a five day workshop of 8 hours duration and will duplicate some elements of the Curriculum to equip participants with core knowledge and skills to implement it:

- Day 1: Working with Young People in Gender Sensitive Ways
- Day 2: Knowledge and Skills in Gender Analysis
- Day 3: Learning Strategies for Young People
- Day 4: Facilitation Skills and Methods
- Day 5: Practical Applications

Future of the Foundations Programme

- Adoption of programme by Ministries of Education for implementation in schools.
 - ❖ Can be part of Health and Family Life Education(HFLE) Programme
- Adoption by youth and social development ministries as well as community based organisations, NGOs including Faith Based Organisations
- Special institutions for children and vulnerable young people.